



ADEPT WORKSHOP

NAVIGATING TRANSITION

with Roger Paine

ADEPT

The Association of Directors of Environment, Economy, Planning & Transport

Navigating transition with Roger Paine

Starting to consider stepping down from a top job is a significant time. The future can feel full of opportunities and yet very uncertain in equal measure.

If you are beginning to think about a new stage in your career, this half-day small group workshop could be perfect. It will examine the core themes running through all transitions - valuing freedom and autonomy, finding balance, determining what's enough and establishing a new meaning and identity in life.

You will get a personal insight into what it's like to move from being a chief executive to becoming a portfolio worker as coach, facilitator, non-executive director, advisor to a start-up company and musician.

Drawing on the experiences and lessons learned by those who have already made the change, we will explore a wide range of ideas and options to develop a personal transition framework considering five key areas in depth:

- **finance**
- **health & wellbeing**
- **intellectual stimulation**
- **skills & talents**
- **home & family**

The workshop also includes an **individual one-hour virtual follow-up session** to explore your individual transition plan.

The workshop, to be held at The Priory Rooms, Birmingham on **17th January 2025**, costs £400 +VAT. **For more information, please email: secretariat@adeptnet.org.uk**



The workshop will be facilitated by Roger Paine, a former town planner, local authority chief executive and managing director of SOLACE Enterprises who transitioned to establish and become the managing director of a consultancy company. Roger has worked with over 800 top managers in local government during his career to date.



“Learning from someone in Roger who has thought deeply about and is actively experiencing transition is invaluable and an opportunity not to be missed by anyone feeling lost about what next.”

Executive Director, Unitary Council

“I found it invaluable to have the insight from Roger who has such a lot of knowledge, experience and wisdom.”

Director, Unitary Council

“The session was excellent and I’d thoroughly recommend it for anyone either looking to the end of their conventional local government career or contemplating some other career transition.”

Director, County Council



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