



Association of Directors of
Environment, Economy, Planning & Transport

ADEPT President's Awards 2020

Entry form

Award category:	Shaping Places for people
Title:	Independent Travel Training Scheme for Children & Adults with disabilities
Entrant:	Jenney Makler
Main contact name and email address:	Jenney Makler Email: Jenney.makler@nottsc.gov.uk
Partner/s (if applicable):	None
Headline summary (150 characters, c. 30 words) Nottinghamshire's Independent Travel Training Scheme for students with Learning difficulty – Supporting service users to be more active in our community, grow our economy and make great achievements in our County.	

Please attach any supporting photos separately as jpg or png files.

Please paste links to any supporting video evidence here

Link 1 A short video on this page of Josh & his Mum	https://www.nottinghamshire.gov.uk/transport/public-transport/independent-travel-training/adults
Link 2	Arnold Hill Academy - PowerPoint presentation on what they've learnt doing travel training this year.

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The purpose of Travel Training:

- To enable students to reach their full potential and live as independently as possible.
- To enable an independent life and be part of the wider community.
- To develop confidence, independence and safety awareness to allow students to be as independent citizens.
- Share best practice, advise authorities and train them on the scheme so they can roll out the scheme in their authority,

Nottinghamshire Travel Training allows students of varying ability the capacity to develop skills to carry out activities and tasks independently. Initially they may undertake tasks within a controlled environment in school such as taking the register to/from the school office. When further skills are developed throughout the school training they may catch a bus independently to school or college and eventually a work placement. Travel Training helps in developing self-esteem and confidence through an incremental approach, building on achieved skills throughout the programme.

A variety of skills are developed complimenting all aspects of a school or college curriculum. These include:

- road safety
- stranger danger
- self esteem
- confidence
- resilience
- social skills
- mathematical & literacy skills, e.g. timetables, money, conversations etc
- map reading - geographical skills
- physical - walking

Travel training is made up of three stages: Red, Amber and Green:

- Red
This stage comprises of various indoor and outdoor activities. Students learn to recognise, name and locate specific people and areas within their education establishment. Students can say their own name, the name of the establishment, their age, their home address and telephone number. Offsite accompanied activities include specific pedestrian skills, use of the Green Cross Code, regular visits to different areas near the educational establishment and the use of a public phone.

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- **Amber**
This stage comprises of various indoor and outdoor activities. Students work more independently. Skills include the use of communication in the place of education and in the local community, shopping skills.
- **Green**
This stage comprises of various indoor and outdoor activities. Students are required to confidently communicate in the education establishment, answer the phone & show a visitor around. Off site, students are expected to use their pedestrian and public transport skills confidently, which they have been successfully coached to do.

When all the tests have been successfully completed, the student will be a fully independent mobile citizen, capable of using public transport.

Working on the travel training scheme over the past 8 years I have trained over 1,000 key workers in schools, colleges, day care centres and they support us and the scheme as it is a part of the curriculum in over 30 schools in the County. 250 students a year participate in the scheme, many go on to further education, full and part time work and achieve a full and active life in the community and socially. Nottinghamshire share best practice with other authorities. In November 2019 we held a best practice meeting at County Hall which was a huge success. Nottinghamshire is a beacon of best practice, other authorities look to us for advice.